

MENU # 4

WEEK OF: _____

BREAKFAST

Milk
Juice(100%Orange or 100%Apple)
Cereal
 Rice Crispies
 Frosted
Flakes

BREAKFAST

Milk
Juice(100%Orange or 100%Apple)
Biscuits & Jelly

BREAKFAST

Milk
Juice(100%Orange or 100%Apple)
Scrambled Eggs
Toast

BREAKFAST

Milk
Oatmeal
w/raisens, bananas,
or jelly

BREAKFAST

Milk
Juice(100%Orange or 100%Apple)
Waffles

MONDAY

LUNCH

Spanish Rice
Tossed Salad
Mixed Fruit
Milk

TUESDAY

LUNCH

Chicken Noodle Soup
Peas
Diced Peaches
Milk

WEDNESDAY

LUNCH

Beef Stroganoff w/Noodles
Green Beans
Diced Pears
Milk

THURSDAY

LUNCH

Chili w/Ground Beef, Cheese, Fritos
Corn
Diced Peaches
Milk

FRIDAY

LUNCH

Corn Dogs
Carrot Sticks
Fritos
Jello w/Peaches
Milk

PM SNACK

Milk
Graham Crackers

PM SNACK

Milk
Fruit

PM SNACK

Pretzels & Peanut Butter

PM SNACK

Grilled Cheese

PM SNACK

Juice(100%Orange or 100%Apple)
Trail Mix